

# How Can A Chemical Peel Improve Your Skin?

When it comes to taking care of your skin, there are many different treatment options available that can all offer their benefits. With a chemical peel, you can help improve the quality, smoothness, and glow of your skin naturally using the latest in chemical science. Chemical peels are an easy way to eliminate or reduce the appearance of skin imperfections such as dark spots, fine lines, and acne scars.

At Dream Med Spa and Laser Center, our professionals understand how important it is for you to feel comfortable within your natural skin, that's why we take extra care when it comes to listening to your concerns so that we can deliver the best treatments for you.

For natural skin rejuvenation, a chemical peel can provide a variety of benefits that can help improve your skin's tone and natural beauty. The treatment typically takes as little time as 30 minutes, with longer treatments taking up to 90 minutes to complete.

This makes scheduling a professional chemical peel as easy as making a standard doctor's appointment. Effective, fast, and providing a variety of benefits for your skin, chemical peels are a popular choice of skin care treatment for people nationwide.

## Improve Your Skin Tone With A Chemical Peel

Depending on your desired results and what the treatment is targeting, a chemical peel comes in a variety of types. Ranging from superficial for less serious issues, to deep peels to help reduce things such as scarring and acne. You can improve your skin tone, smoothness, and natural glow of your skin using any of the various chemical peels.

### Superficial Peels

A superficial chemical peel, also known as a Lactic peel or Glycolic peel, is the gentler of the chemical peels and provides you with light exfoliation and only penetrates the top layers of skin. Over time, this superficial peel can help reduce signs of aging such as wrinkles and fine lines that form on your face and hands while providing your skin with a radiant glow.

This peel has the power to help remove dead skin cells and clear out toxins, and debris, as well as improve collagen production. Helping to tighten the skin and give it a more youthful and luminous appearance.

### Medium Peels

Using trichloroacetic Acid (TCA), medium chemical peels penetrate further into the skin than a superficial peel. These chemical peels are great for addressing concerns such as sun damage, fine lines, pigmentation, and dark spots.

Designed for those with skin concerns who have mature skin, a medium chemical peel can help improve the appearance of your skin so that it appears more youthful and smooth. Making it a popular choice for those who wish to address the signs of aging.

## Deep Peels

For those who wish to address issues regarding scarring and acne, a deep peel using Salicylic acid is the chemical peel of choice. This type of peel offers deep penetration to help reduce scarring as well as soothe skin that is prone to pimples and breakouts.

## Which Chemical Peel Is Right For You?

Deciding which chemical peel is right for you is something that we'd recommend discussing with your skin care professional. At Dream Med Spa and Laser Center, we can help you get the best chemical peel that addresses your skin issues and concerns. With our experience and knowledge of chemical peels and skin care, we're able to help you towards all of your skincare goals.

## Pros and Cons of A Chemical Peel

Like with any procedure, chemical peels come with their pros and cons. While many patients find that the pros greatly outweigh the cons, it'll be up to you to decide whether or not a chemical peel is right for you and your skincare goals.

### Pros

With professional chemical peels, many benefits can be noticed immediately while some may take time to show. Here are some common benefits that people have reported after receiving a chemical peel treatment.

- Treats acne with a deeper exfoliation
- Minimizes pores
- Erases fine lines and wrinkles
- Helps to fade discoloration
- Helps lift the skin
- Can balance the skin's texture
- Helps smooth the skin

### Cons

Everyone's skin is different and reacts differently to chemical peels. While many cons aren't considered serious, some may find that the treatment isn't right for them. Here are some common cons that people have reported after receiving a professional chemical peel:

- The initial stinging sensation can be uncomfortable
- May cause redness
- If done incorrectly can cause crusting or scabs on the skin
- The need to avoid sunlight for a brief time after the treatment

## Chemical Peels For Acne

Just about everyone deals with acne at some point or another throughout their lives. For those who have more severe acne problems or wish to reduce scarring that has occurred due to acne, chemical peels may be able to help. Chemical peels can help cleanse pores and minimize the areas where acne breakouts most typically occur.

As well as reducing breakouts, deeper chemical peels can help soothe and smooth skin that has suffered from minor scarring that occurs with some acne. These chemical peels help revitalize the skin and smooth out imperfections for a more youthful, smooth, and glowing appearance.

## Revitalize Your Skin With Professional Chemical Peels

Before undergoing any skin care treatment, make sure that you discuss any concerns or issues with your skin care professionals so that they can ensure you get the best possible treatment for your skin. Dream Med Spa and Laser Center professionals understand skincare on all levels and can help you achieve your skincare goals using professional chemical peels that will leave you looking younger, smoother, and more radiant than ever.